# WHAT IS SEXUAL ASSAULT?

Sexual assault is any sexual contact or behavior that occurs without the explicit consent of the victim. This can also include stalking, sexual harassment, and human trafficking.

# **DID YOU KNOW...**

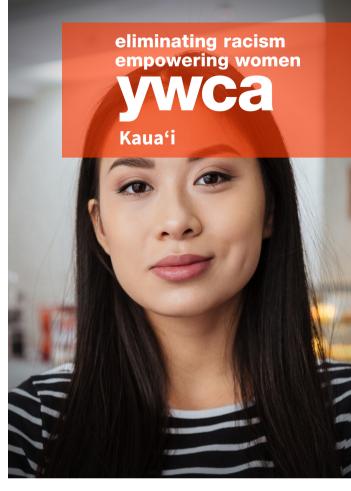
- 1 in 4 girls and 1 in 6 boys will become the victims of sexual assault before the age of 18. Half of YWCA of Kauaʻi's sexual assault counseling clients are under 18 years old.
- Sexual assault can include exposure, touching — over or under clothing and/or penetration.
- The majority of sexual assaults do not get reported to police.
- Over 80% of victims know their offender.
- Victims have the right to receive a medical forensic exam (also known as a sexual assault nurse exam) without making a police report.





YWCA Kaua'i is dedicated to eliminating racism, empowering women, and promoting peace, justice, freedom, and dignity for all.





# Free & Confidential SEXUAL ASSAULT SERVICES

Serving Kauaʻi since 1921

# **24 HOUR HOTLINE:**

CALL: (808) 245-6362

# **Free and Confidential Sexual Assault Support Services**

## **IMMEDIATE SUPPORT**

#### 24 HOUR HELP IS HERE FOR YOU

Our 24/7 confidential helpline, (808) 245-6362 is supported by specially trained staff who can assist with reporting, requests for YWCA services, accessing medical forensic exams (also known as "sexual assault nurse exams"), general questions, and referrals related to sexual assault. Crisis Intervention Specialists are available 24/7 for face-to-face intervention, advocacy, and counseling.

#### WFB CHAT & TEXT SUPPORT SERVICES.

Making a phone call to a support line is not always possible. For many, an online chat might feel more comfortable than a phone call or meeting with an advocate in person. Go to ywcakauai.org/chat or text (808) 245-6362.

Available daily 9 am - 10 pm



# **OTHER SERVICES**

#### VICTIM AND FAMILY ADVOCACY

YWCA of Kaua'i's Sexual Assault Services offer medical and legal advocacy for victims of sexual assault and their families. Advocacy services include face-to-face crisis counseling and support before, during, and after medical forensic exams, legal consultations, and court appearances. YWCA also provides counseling and assistance with obtaining temporary restraining orders.

Police reporting is not required for services or to receive a forensic medical exam (also known as a sexual assault nurse exam).

#### PREVENTION EDUCATION

YWCA of Kaua'i offers Sexual Violence Prevention Education to all schools and service providers. The delivery of this evidence-based curricula is offered free of charge with the goal of creating safer spaces, minimizing stigma, and preventing sexual violence

Age-appropriate instruction is offered to students pre-school through 12th grade. Training for businesses, agencies, and groups regarding the dynamics of sexual assault is also available.

YWCA of Kaua'i offers comprehensive Domestic Violence Services, which includes crisis intervention services, a family violence shelter, and an Alternatives to Violence program for offenders



# DOMESTIC VIOLENCE SERVICES

counseling, children's services, housing advocacy,







#### COUNSELING SERVICES

The trauma of sexual violence can have lasting impacts on individuals and families. Our highly qualified staff use evidence-based practice to help survivors develop the skills necessary to heal and maintain healthy relationships.





# YWCA IS HERE FOR YOU

YWCA of Kaua'i services are available to survivors of all ages, genders, and sexual orientations.

Our facilities are ADA compliant and interpreter services are available free of charge.

#### SEXUAL ASSAULT CAN HAPPEN TO ANYONE

81% of women and 43% of men report experiencing some form of sexual harassment and/or sexual assault in their lifetime. LGBTO+ people are nearly four times more likely than non-LGBTQ+ people to be victims of violent crime, including rape and sexual assault.

### **Additional Resources**

1in6 (Support for men) - 1in6.org Love is Respect - loveisrespect.org

Joyful Heart Foundation - joyfulheart.org

LGBT National Help Center - glbthotline.org

National Sexual Violence Resource Center - NSVRC.org

Futures Without Violence - futures without violence.org

RAINN (Rape, Abuse & Incest National Network) - rainn.org