

Everything they didn't tell you in Sex Ed

Free
Classes

Sex Ed I - January 25th, 2018

Sex Ed II - February 1st, 2018

Lihue Library

5:00pm– 7:00pm

No Reservation Required



**Presented By Women's Health Nurse Practitioner
Virginia Beck**

Learn the basics of the sexual system, from anatomy to safer sex, and how to have a sexual life that you understand and control. They did not supply a user manual with your human body. Maybe there are things the internet did not tell you. This two part series will help you understand how to have sexual feelings and protect yourself from pregnancy and disease.

Attending only one session will only give you half the story. Coming to both sessions will give you the full toolbox on Sex Basics. Increase your chances of knowing how to take care of your sexual self, and reduce the chances of pregnancy and disease. Just information with aloha.

Virginia Beck, Women's Health Nurse Practitioner, will present a fast paced, factual but humorous knowledge adventure. Questions are encouraged. Displays, handouts and real information on contraception, HPV vaccinations, and safer sex.

For more information call Ms. Beck at [635-5618](tel:635-5618)

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If you need an alternate format or an auxiliary aid to participate, please contact the YWCA of Kauai at 245-5959 at least five (5) working days prior to the class